



SCV ORAL AND MAXILLOFACIAL SURGERY

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ORAL SURGERY INSTRUCTIONS

1. Your appointment is on _____ at _____ with Dr. _____.
2. If your child is having sedation or general anesthesia we encourage a parent to come back with the patient until the patient is ready to go to under anesthesia.
3. If you are having sedation or general anesthesia, you may not have anything to eat or drink after midnight the night before surgery. This means no food or beverage of any kind including water. This is for your safety. Medicine that needs to be taken such as, blood pressure medicine, etc. may be taken with a very small sip of water. If you have any questions please call the office the day before your surgery.
4. Please do not wear any jewelry or watches.
5. Patients having sedation or general anesthesia need to have an adult driver who will stay in the office (waiting room) during the entire procedure.
6. Please wear short sleeves, comfortable clothes.
7. Patients who wear fingernail polish - the polish may need to be removed on one finger, if it interferes with monitoring during anesthesia

Remember:

Nothing to eat or drink 8 hours before your appointment.
Your ride must come with you & stay. *Thank you!*

Cancellations with less than 24 hours notice may incur a service charge

wisdom teeth • implants • extractions • facial & reconstructive surgery

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AFTER ORAL SURGERY

Foods for your consideration:

You may eat whatever you like as long as it is comfortable

Avocados
Bananas
Cottage Cheese
Yogurt
Cream of Wheat
Oatmeal
Soft boiled eggs
Soup (test temperature)
Jello/pudding
Instant breakfast, Ensure, Jamba Juice – get plenty of fluid intake!

EXAMPLES

Breakfast

Cream of Wheat or Oatmeal
Scrambled Eggs
Pancakes
Juice or smoothies

Lunch

Refried Beans
Macaroni and Cheese
Soup

Dinner

Pasta with sauce
Macaroni and Cheese
Soup with crackers
Mashed potatoes
Sweet potatoes

Snacks

Yogurt
Juice Bars
Jamba Juice
Cottage Cheese
Apple Sauce
Jello/Pudding